

PROVISIONS



Ellerys is self catering accommodation and visitors will need to bring the normal groceries which are essential for everyday life. There is a SPAR supermarket just a couple of minutes walk from Ellerys. On the outskirts of Padstow, and a short drive away, there is also Tesco; if you place your on-line order in advance, they will deliver to Ellerys (see Your Stay at Ellerys for further details). For a small charge, our caretaker will take delivery of your order; before booking a slot please contact her to discuss arrangements.

A variety of freshly baked breads, croissants, cakes and the famous Cornish pasties can be bought at a number of shops around the town; the Chough on the quayside sell award winning pasties. Fresh fish and locally-caught crabs and lobsters are available from the shop on the quayside by the old railway station (5 minutes' walk away) or at the recently opened "Prawn on the Lawn" (opposite the Post Office).

Outside Padstow, on the road to Crugmeer, Padstow Farmshop– 01841 533 060 – have a shop where you can buy vegetables, salads and herbs from their market garden. They also sell local products such as ice-cream, cream, butter, cheeses and eggs, their own pasta made from 100% whole-wheat grown on the farm, store cupboard items from local suppliers, as well as free range poultry and their own farm reared lamb, beef and pork; we recommend a visit or a look at their website www.padstowfarmshop.co.uk.

Our policy at Ellerys is, wherever possible and practical, to use environmentally friendly and organic products with minimal packaging. We provide the following items for your stay at Ellerys:

- **Bathroom** – toilet rolls, toilet cleaner, bathroom cleaner, hand wash, shower gel, shower hats, tissues, cotton wool balls
- **Utility (Shower) Room** – laundry liquid and fabric softener, shower cleaner, hand wash, shower gel, shower hats
- **Sitting Room (winter)** – Coal, kindling, firelighters, matches (the open fire only has a small grate which is not suitable for large logs)
- **Kitchen (sink tidy)** – washing-up liquid, brush, metal and sponge scourers, dish cloth, hand wash
- **Kitchen (under sink)** – dishwasher tablets, rinse aid and salt, anti-bacterial spray, multi-purpose cleaner, disinfectant
- **Kitchen Worktop** – kitchen roll
- **Kitchen Drawers** – foil, cling film, food bags, bin liners (dustbin, kitchen bin, "peeley" bin and waste bins)
- **Kitchen Store Cupboard**
 - **Cruet** – table salt, ground white pepper

- **Grinders** – rock salt, black peppercorns, nutmeg
- **Stock cubes** – beef, chicken, vegetable
- **Spices** – cinnamon, ground nutmeg, ginger, cayenne pepper, cumin seeds, cardamom, cloves, coriander seeds
- **Dried Herbs** – rosemary, oregano, thyme, sage, basil, tarragon, mixed herbs
- **Kitchen Linen** - tea towels, hand towel, oven gloves, apron